

## **Abstract**

A sun visor for an automobile having a plate-like core provided with multiple micropores each having a diameter ranging from 1 to 5 mm. Open area ratio representing the ratio of the total area of micropores to the projected area of the plate-like core ranges from 2% to 30%. Alternatively, a sun visor for an automobile has a skeletonic core having an air permeability equal to that of the plate-like core provided with multiple micropores. The plate-like core or the skeletonic core is covered with a covering member having a high air permeability.

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